

What is ITRA?

The Iowa Trail Riders Association was formed in 1988 as an organization of trail riders interested in pleasure riding at different parks in Iowa and/or competing in competitive trail rides (CTR) throughout the region. The club also stresses safety for horse and rider.

Why should I attend this clinic?

The purpose of this clinic is to share information about the safety and conditioning involved for distance riding. We will also discuss what is involved in competitive trail rides and some of the rules.

What will it cost?

ITRA Members \$20
Nonmembers \$30
If paid on or before June 1, deduct \$5.
Registration includes lunch.

The Trail Clinic is on Saturday but if you want to stay over the night before or after there is a camping fee (payable to the DNR).

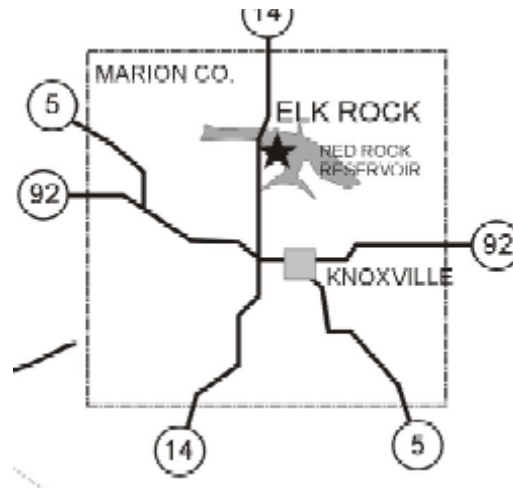
What should I bring?

Rider related: helmet (mandatory if rider is under 18), comfortable riding clothes, heeled boots or shoes, and food if staying overnight.
Horse related: horse, tack, hay, bucket for water, grooming equipment, fly spray, and sponges.

Word to the wise: when camping overnight in Iowa, it may be prudent to bring extra sweaters, sweatshirts, blankets, windbreakers and rain gear for you and your horse.⁴

Where is it located?

Elk Rock State Park is located in Marion County in south central Iowa near the towns of Knoxville, 7 miles north on Hwy 14 or 10 miles east of Pella on G-28. Follow the signs (and trail ribbons) to the **Equestrian Campground**.



For more information about Elk Rock State Park, see:
http://www.iowadnr.com/parks/state_park_list/elk_rock.html or
http://www.iowadnr.com/parks/images/maps_pictures/elkrockmap.pdf

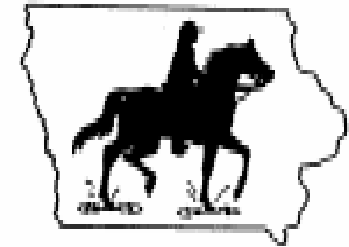
Questions?

Ask Karen Glock (515) 965-4415 or email j-kglock@hughes.net

Interested in becoming a member of ITRA?
Ask Karen Glock or go to www.iowatrailriders.com

Come ride with the

Iowa Trail Riders Association



Trail Clinic

Saturday, June 27, 2009
9 a.m.

Elk Rock State Park
(near Knoxville, Iowa)

www.iowatrailriders.com

Trail Clinic Schedule
Saturday, June 27, 2009
Beginning at 9 a.m.

The program is open to all breeds, as well as all riding disciplines. The ride consists of obstacles and situations people might encounter on a trail ride. The ride will be approximately 5 miles long, using the natural obstacles that already exist on a particular trail such as walking over logs, opening a gate, backing, or crossing a creek.

This is not a timed event, but casual in nature. Riders will be given instruction on how to complete each obstacle and then the opportunity to try that obstacle. Riders may be given a time limit to ride through a particular obstacle so that riders behind them don't get held back.

Helmet use is recommended and encouraged, although youth under 18 are required to wear a helmet. Any type saddle and any type of bridle are required. Riders are also required to have a halter or halter-bridle, lead rope and hoof pick with them at all times on the ride.

Riders are judged individually and strictly on how well they negotiated their horse through an obstacle with an emphasis on calmness, safety and obedience. Points are given based on these criteria.

Trail Clinics are about trail riding and that means common sense, staying on the appropriate trails (all trails are clearly marked), the ability to move safely down the trail, and, of course, have fun doing it.

Lunch will be as you finish the Trail Clinic. An educational discussion concerning the Trail Clinic will be held after lunch.

Looking forward to meeting you on the trails!!



If you want to camp overnight, there are equestrian facilities including hitching rails, shower facilities, fire rings, picnic tables, gravel parking pads, some electrical sites, a water hydrant and shade for horses. There is a designated day-use area. The Equestrian Unit contains 60 sites, 24 with electrical hookups. There are 13 miles of multi-use trails. There is also a lake nearby for those boaters or fishermen in your family.